

Welcome to War of a schizophrenic, the final book in my 4 Part Schizophrenia series. Let's give a summary of the work so far:

1. Wisdom of a schizophrenic. I have found I have an ability to come up with original short phrases of wisdom. I believe this is the result of dealing with psychosis for almost 25 years, and dealing with tough life events. This coupled with my academic skills, has resulted in the ability to form clear thoughts about overcoming struggles in life. This was my first work published in book format. Actually, I wrote most of the book online, in social networks, however I was proud of the content, and felt it deserved a compilation. The key aspect, is that I always try to be as honest as possible, since if we are not honest, then the book is pointless.
2. Way of a schizophrenic. I feel I have strong views on life, actually this has prompted a further book - age of transition. Perhaps this book is its natural prequel. It is simply structured on different aspects of life, and my honest opinions and observations. Way was the first book I have written completely offline for purposes of publication. I feel the content reflects the life of someone who has been living life with forthright bravery and compassion.
3. Weight gain of a schizophrenic. A departure from the previous work, this was an academic exercise in scientific & societal research. I employed my scholarly skills and innate passion for schizophrenia to write a book, complete with annotations & citations, detailing the challenges the modern schizophrenic faces in life. I did not include the symptoms, since this book, war, will contain my symptomatic experiences.

This leads on to this work, war of a schizophrenic. And it is a war. Everyday is a new battle, perhaps the enemies persist, but the battles continue. Being a war, it is pos-

sible to be victorious, and perhaps that is what this about, being victorious in the war of the schizophrenic.

I do feel victorious, and actually I am enjoying the process of becoming magnificent.

I feel the simplest way to write this book, is to be autobiographical, any work such as this, will grow and evolve by itself. The process of writing with candour actually is a formation of a thoughts into a manner which displays clarity, insight and intelligence.

This book, is an adventure of myself the writer, as much as it is for the reader. Perhaps it will give myself a new understanding of my life. I would like to say that I live in the present, my memory does not intrude often on my daily life, and as such I am depending on a natural recall as I am writing. Thus we begin, in a North West London suburb, a location which was tranquil at the time my parents moved there...